

JUNIOR OLYMPIC TEAM



About our team...

Designated a national team training center, Flips Gymnastics is home to individuals who have been at the pinnacle of their competitive level at the state, regional, and national scene. Our Girls Team has earned numerous state and regional championship titles. Each gymnast is important at Flips whether she is a first year compulsory athlete or a national team member.



Fall 2016 Practice Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Tuition
Level 9-10	4-8pm	3-8pm	4-8pm	3-8pm	2-7pm	\$330/month
Level 6-8	4-8pm	4-8pm	4-8pm	4-8pm		\$305/month
Level 5		4:30-8:30pm	4:30-8:30pm	4-8pm	4-7pm	\$305/month
Level 4		4:30-8:30pm	4:30-8:30pm	6:30-8:30pm	4-7pm	\$275/month
Level 3		5:30-8:30pm		5:30-8:30pm	4-7pm	\$245/month
Xcel	7-8:30pm		7-8:30pm		5-7pm	\$210/month
TOPS	1-4pm	12-3pm	1-4pm	12-3pm	11am-2pm	\$275/month